



FBMG Help Desk
Question of the Week

How do I make my Pomegranates taste sweeter?

Answer: Well...

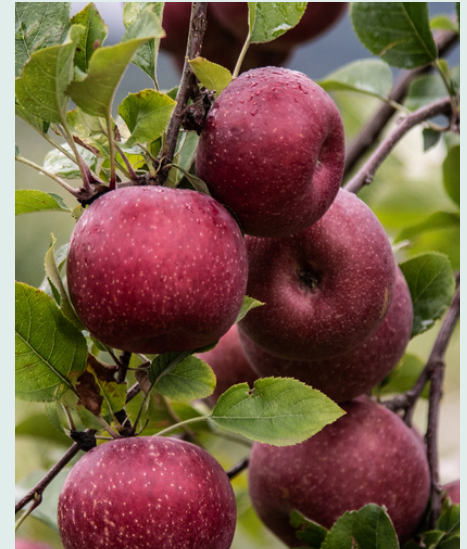


Select a variety that fits your preferences

You cannot change variety characteristics



There is nothing you
can do to make a tart
Granny Smith apple
taste like a sweet
Fuji apple.



So select Pomegranate varieties carefully

Pomegranates
varieties vary in
acidity; some
varieties can be quite
tart.



Not all pomegranates taste the same

They range from very acidic to very sweet

Variety	Flavor Characteristics
Al-sirin-nar	Sweet-tart taste
Russian 18	Very good sweet-tart taste
Salavatski	Typically sweet with a hint of tartness
Spanish Sweet	Sweet but very tart
Sumbar	Sweet fruit
Surh Anor	High sugar content
Wonderful	Sweet-tart, berry-like flavor



Know when to harvest pomegranates

Harvest maturity is critical to taste



Because the fruit does not ripen after being picked, harvest it only after it has reached full maturity.



Fruit ripens about
6 months after
bloom, with the best
a metallic sound
fruit development
during hot weather



Fruit that is ready
to pick may make
when tapped lightly

Enjoy pomegranates without the mess

*Technique to minimize juice stains
and increase the ease of aril removal*



When preparing the fruit in a kitchen, first slice off the calyx of the fruit with a knife.

Carefully score the exposed surface into quarters. Fill a bucket or other container with water, and then submerge the fruit. With the fruit submerged, pry open the fruit along the score lines and remove the arils with a rolling action under your thumb.

The arils will sink to the bottom of the container, while all the pulp, peel and damaged seeds will float to the top.

Once you have finished, remove the floating debris and pour the water through a suitable strain.

***Do you have questions
about your home
landscape and plants?***

***Contact the Fort Bend
Master Gardener Help Desk***

***Email:
FortBendmg@ag.tamu.edu
Phone:
281-341-7068***

***The Help Desk is manned
Monday thru Friday,
9am-Noon***

References:

https://aggie-horticulture.tamu.edu/fruit-nut/wp-content/uploads/sites/6/2015/04/pomegranates_2015.pdf

<https://extension.uga.edu/publications/detail.html?number=C997>

